

PARTICIPANT INFORMATION – ORIENTEERING EVENTS IN REGIONAL VICTORIA UNDER STEP 3 RESTRICTIONS



September 17 2020, until further notice

The Victorian Chief Health Officer has approved resumption of community sport and recreation activities, according to the following rules (as they apply to Orienteering).

<https://www.dhhs.vic.gov.au/third-step-restrictions-regional-victoria-covid-19>

Orienteering events and activities in Victoria will operate under these rules during this time.

A member of the public may participate in a community sport if:

- it is conducted outdoors, in regional Victoria, and is non-contact, with 1.5 metres distance able to be maintained between participants
- it does not involve a participant who ordinarily resides in metropolitan Melbourne
- no more than 10 members of the public participate for individual events, as well as the minimum number of people required to run the activity. There may be more than one group of 10, but each group must remain completely separate.
- Spectators not permitted unless supervising children, or adults with additional needs.

ENTRY CONDITIONS - you must NOT attend any organised orienteering event or activity:

- If you are unwell with a cough, fever or other respiratory symptoms.
- If you have tested positive to coronavirus (COVID-19), are living with a diagnosed person or have had close contact with a person who is confirmed to have the virus.
- If you have been tested, until you receive a negative test result.
- If you are otherwise quarantined, or have been advised to stay at home by a health professional.
- If you live in metropolitan Melbourne.

Organisers can refuse a map and start to any participant who has symptoms consistent with Covid-19. You will be directed to leave the event and contact a health provider immediately. Your entry fee will be refunded if you withdraw from an event to comply with the entry conditions. Please consider personal risk, particularly if you are older, or have a chronic health condition.

ENTERING AN EVENT

- Follow the current [instructions](#) for staying safe, as issued by the Victorian Government.
- You must enter online. Every participant must be entered separately for events with capped participation, even if completing the course as a group. Entries will close as soon as the maximum number is reached. Contact the organisers if you need to change or cancel your entry.
- Pay online if available; otherwise use contactless payment (credit or debit card) to pay at the event. Cash is strongly discouraged, however it may be accepted if in the correct amount. No change given.
- Provide your contact phone number as part of entry information, for contact tracing purposes. This is to protect your own health and that of other participants and volunteers.
- Acknowledge the conditions of entry when pre-entering.
- If you have an SI Air (SIAC) e-tag, check that you have entered with the correct Sportident number. Update your Eventor profile to make your SIAC number the default. Bring the e-tag that you entered with, to avoid organisers having to update your entry at the event.
- Follow any specific instructions provided by the organiser. These may include viewing a sample map online; arriving, competing and departing within set timeframes; choosing from more than one session.

TRAVELLING AND ARRIVAL/DEPARTURE

- Avoid car pooling; travel with household members only.
- You may travel through metro Melbourne, but if doing so, do not stop unless essential.

- On arrival and until departure, you must wear a face covering from the time you exit your vehicle until the time you start your course; and from the time you complete your course until the time you enter your vehicle to depart.
- You must carry a face covering when on the course. You must wear it if walking and not out of breath or puffing, or if you are unable to stay 1.5 m distance away from others.
- You must remain in your vehicle if you arrive before your allocated window for registering and starting, or if requested to do so by organisers.
- You must depart as soon as practicable after finishing; do not interact socially with anyone outside your group of 10, either before or after completing your course.
- Make sure your name, contact number, and time of arrival have been recorded by organisers.

PHYSICAL DISTANCING

- Each group of 10 participants must not intermingle, overlap, or interact with any other group of 10 participants.
- At the event, maintain a physical distance of at least 1.5 metres at all times from volunteers and other participants, including when queuing for registration, start, finish and download, and toilets.
- Move quickly away from controls to allow others to approach, and maintain at least 1.5m distance.
- Prepare as much as possible at home; be prepared to start as soon as possible after arriving.
- After finishing, be ready to depart as soon as possible. No catering, results display or presentations.
- No entry permitted to work spaces (eg finish tent) or taped off areas. Follow signs, and obey instructions from organisers.

HYGIENE AND CLEANING

- Wash or sanitise your hands thoroughly immediately before and after the event, after using toilets, and after touching hard surfaces and shared or common equipment.
- Cover your mouth and nose with a tissue or sleeve while coughing/sneezing. No spitting.
- Bring and use your own hand sanitiser. Additionally, please use provided hand sanitizer as requested.
- Avoid touching tables, computer equipment or other surfaces at registration, start or finish.
- Avoid touching control units, plates, flags etc.
- Use an SI Air (contactless) e-tag if you have one. Do NOT touch the control units with your hand.
- You can use a regular (non Air) SI e-tag, but punch carefully to avoid touching controls with your hand.
- Disinfect your SI e-tag before and after use. Do not let anyone else outside your household use it.
- If renting or borrowing an SI e-tag, compass, or mountain bike map board, do not let anyone else use or handle it. Return it to the separate disinfectant container provided, as soon as you finish.
- Bring your own drinking water and container. Do not share water bottles or cups. Drinking water will not be provided on the course or at the assembly area.
- Look after your own keys and other personal items. There will be no central location to leave belongings.
- Take your map home after finishing. Do not let another participant reuse or handle it.