

ORIENTEERING AUSTRALIA
COACHING CONFERENCE
January 24th -25th January 2015
AIS, Canberra.

A **Coaching Conference** is being planned by the **Orienteering Australia High Performance Coaches**.

This conference is aimed at any orienteer who is interested in gaining **Level 1 Coaching Accreditation**, or wants to update their current **Coaching Accreditation at Level 1, 2 or 3**. This conference will enable currently accredited coaches to gain points towards increasing the level of their coaching accreditation.

Given the introduction of the **FTEM Athlete Development Pathway** into Orienteering and also the restructuring of the **National Squads** there is a clear need to increase the number of active coaches within orienteering in Australia at all levels- club, state and national.

Current Australian National Coaches- Nick Dent, Wendy Read, Hanny Allston , Jim Russell and Russell Blatchford will be the co-ordinators of the Conference. Current Level 2 and Level 1 coaches will have the opportunity to present a session during the conference.

Main areas of the conference will be

- **Understanding the FTEM- Athlete Development Pathway**- especially as it applies to each level of coaching.
- Establishing **clearly defined benchmarks** for each level within the FTEM framework.
- Coaching the **physical, technical and mental** aspects of orienteering at each level.
- **Skill development** at each level of the pathway and **practical methods** for coaching these.
- An understanding of the **different orienteering disciplines**.
- How to become an **elite orienteer**.
- For Level 2 and 3 Coaches- **using AMP**.

The conference will take place the **AIS** in Canberra, where **full board accommodation will be available**.

Each **state** association and also **clubs** are encouraged to send their currently qualified coaches or anyone interested in gaining coaching accreditation.

Expressions of interest to

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By 30th November 2014.

Nick Dent

OA Head Coach